



放飞理想的
翅膀
创造美好的
未来

宁波广播电视大学外语系 系刊

2003年12月 第十五期

Auld Lang Syne

Should auld acquaintance be forgot,

And never brought to mind?

Should auld acquaintance be forgot,

And days of auld lang syne?

And here's a hand, my trusty frien'

And gie's a hand o' thine;

We'll take a cup o' kindness yet.

For auld lang syne.

For auld lang syne my dear,

For auld lang syne,

We'll take a cup o' kindness yet

For auld lang syne.

LEMON HERB



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本刊特稿

与时俱进 开拓创新

为开创我系团学工作新局面而努力奋斗

——外语系第二次团员、学生代表大会工作报告（节选）

（二〇〇三年十一月十八日）

两年来工作回顾

二〇〇一年六月，外语系第一届团总支、学生会正式成立了，这标志着我系团、学工作进入新的起点，从而极大地激发了广大团员、学生的积极性和创造性。团总支、学生会认真落实第一次代表大会确定的加强“三个建设”的工作任务，即重点加强青年学生的思想政治建设；加强团、学组织机构与学生干部的队伍建设；加强学生学风与社团、文体活动建设。两年来，这三方面建设取得了明显的成绩，我系广大团员、青年的精神面貌焕然一新。团、学工作的扎实开展，对培育一大批有理想、有道德、有文化、有纪律的社会主义新人，促进学校的全面发展作出了积极的贡献。

一、以育人为根本，充分发挥主题活动的的作用，努力提高团员、学生思想政治素质。

用邓小平理论和党的“三个代表”重要思想武装团员、学生。广泛深入地开展学习理论的活动，注意学习理论与实践相结合，在广大青年学生中掀起了理论学习的新高潮。如今年上半年，在学校开展的“党的十六大精神”主题教育活动中，我系广大团员、学生不仅积极参加学校统一组

织的“十六大精神主题辅导报告会”、“‘三个代表’重要思想主题征文赛”、“主题演讲赛和知识竞赛”、“主题摄影赛”等活动，还认真参加了我系召开的“主题教育动员大会”。各班团支部、班委会还分别组织开展了“学习十六大精神心得演讲会”、“大学生成才计划交流会”等主题团日活动和班会活动。这种主题性的系列班、团活动，极大地调动了广大青年学生的积极性，提高了广大同学学习理论的热情和信心，全方位地培养、锻炼了青年学生的素质和能力。我系在思想政治教育方面的工作，得到了学校的充分肯定，并荣获校“‘十六大主题教育’优秀组织奖”。

此外，我系还在“三·五”、“五·四”、“七·一”、“十·一”、“一二·九”等具有特殊意义的纪念日，通过黑板报和系刊的宣传、青年志愿者活动、组织参观、听报告以及开展文艺汇演等形式，不断强化对青年学生的爱国主义、社会主义、集体主义、艰苦奋斗精神的教育，使广大学生的各方面素质都得到了拓展，不断取得了实质性的成效。

二、以学风建设为重点，努力形成我系良好的学习氛围，积极开展丰富多彩的文体活动和社团活动，充分开拓大学生的成才之路。

学生以学习为主，力求全面发展。

因此，大力培养我系广大学生的“严谨、刻苦、求实、创新”的良好学风，是团、学工作的重要任务。两年来，我们积极配合系部，大力开展学风教育，在认真完成正常课堂学习的基础上，努力开辟第二课堂系列活动。如开展了全系性的以“学习与实践”为主题的系列报告、交流活动；开展了“英语诗歌朗诵比赛”、“计算机中英文输入比赛”等知识技能方面的系列学习竞赛活动；开展了英语等级考试、普通话等级考试、计算机等级考试、秘书资格证书考试的系列培训辅导活动；开展了大学生暑期社会调查、义务助教等为主要形式的系列社会实践活动。这些第二课堂活动的组织和开展，由于紧密围绕了学校的教学工作这一中心任务，同时又结合了本系的实际和学生的特点，因而得到广大青年学生的踊跃参与，这对培养我系的良好学风，全方位地拓展和挖掘学生的学习潜能，提高各方面的能力和素质，发挥了积极的作用。

两年来，我们在广大青年学生中广泛开展了丰富多彩的文体活动，做到校级活动积极参加，系级活动有序安排。在学校开展的校园文化艺术节、“红五月”合唱比赛、“一二·九”文艺汇演、校田径运动会、篮球赛等历次重要的文体活动中，我系代表队获得了较好的成绩。根据实际需要，我系每年还举办了一些系级文体活动，如对一年一度的系“迎新生”文艺晚会，都作了精心的安排，受到广大新生的热烈欢迎。

在社团活动方面，我们重点是做好发动、组织、落实工作，鼓励更多的学生积极参加学校的社团活动。目前，在校级社团活动中，我系同学充分发挥了骨干作用，从而扩大了我系的影响，不断结出了喜人的丰硕成果，丰富和活跃了广大学生的校园文化生活，团结拼搏的团队精神也得到了充分的发扬。

三、以学生干部队伍建设为关键环节，努力健全和充实系班团、学的组织机构，不断提高学生干部的自身素质。

两年来，我们根据实际情况和工作需要，努力做好系班两级团、学组织机构的建设，系团总支、学生会根据学生干部毕业的实际情况，及时做好干部的新老交替和工作岗位的调整、充实，认真做好一年一度的各部干事的考核和聘用。对各班级的团支部、班委会加强指导的力度，按规定做好定期改选工作和新干部上岗培训工作。

在加强干部队伍建设方面，我们的主要做法是，建立双周系班主要学生干部例会制度。通过干部的例会，及时总结上阶段工作情况，研究部署下一阶段工作任务。这种既相互交流了工作，又开展“以会带训”的做法，促进了学生干部素质、能力的提高，收到了明显的成效。

回顾两年来的工作，我们的成绩是主要的，是令人鼓舞的，但我们也应该清醒地看到我系的团、学工作还存在着不足，存在着一些与形势任务、工作要求及广大学生的需求和愿望不相适应的地方，这些都有待于我们在今后的工作中加以充分的重视和改进。

今后两年我系团学工作

的主要任务

高举邓小平理论伟大旗帜，自觉实践“三个代表”重要思想，紧密围绕学校和系部的中心工作，以培育“四有”新人为目标，把握发展机遇，推进重点工作，夯实组织基础，突出“四个职能”，进一步形成我系团、学工作的特色和优势。团结、带领广大团员、学生，坚定信念、发奋学习、开拓创

新、自觉奉献，把我系团、学工作全面推向新阶段。

一、突出教育职能，努力提高思想政治教育活动的实效性和吸引力。

要认真贯彻党的十六大和十六届三中全会精神，以党的“三个代表”的重要思想教育团员、学生，继续以主题教育、主题活动等有效形式，开展好各班的主题团日活动和主题班会活动，努力提高活动的档次和水平。要积极参加学校团、学组织统一安排的各项教育、学习、培训活动，并结合本系实际和特点，适时开展时事政治、理论学习、党课、团课辅导报告等有特色、有实效的思想政治教育。要继续办好系刊；开辟以“学生e坛”为栏目的学生工作专题网页；抓好各班级的黑板报宣传和评比活动；开设年度“团学工作风采图片展”等，以灵活、创新的办法，努力提高我系思想政治教育活动的实效性和吸引力。

二、突出引导职能，全面关心学生成长，积极推进我系的素质教育建设。

要进一步深化学风建设和校园文明建设，以“树良好学风，养文明习惯”为目标，开展各种系列活动。要继续办好每学年一至两次的“学习与实践”经验报告会；办好每学期一至两次的“学习知识技能系列竞赛”活动；办好面向广大学生，为促进学生的各类知识学习服务的等级（证书）考试等方面的辅导培训活动。要继续开展多种形式的暑期社会实践活动，努力引导我系广大学生刻苦学习，努力实践，提高素质，全面发展。继续深入开展青年志愿者活动，开展文明寝室、优秀寝室的检查评比推选活动，

努力推进我系校园文明建设的进程。

三、突出活动职能，大力开展健康向上的校园文化和社团活动。

要继续组织广大团员、学生，积极参与学校的各类文体活动和社团活动，努力在校级各类竞赛中提高水平，取得更好的成绩。结合本系的特点，统筹安排和开展符合青年学生兴趣爱好的健康向上的系班两级文体活动。对在学校社团活动和社团工作中做出突出成绩的我系学生骨干，要开展通报并展示。

四、突出组织职能，不断完善团、学组织的自身建设，增强学生干部队伍的凝聚力和战斗力。

做好团、学工作的关键是要突出抓好组织建设，对此我们要十分重视。系班两级的组织机构一定要健全，干部队伍要符合素质高、业务硬的要求。要继续坚持干部例会制度，加强对学生干部的辅导和培训；建立健全学生干部组织档案管理制度；完善系团、学组织各部干事的年度考核聘任制，鼓励更多的优秀青年学生加入到干部工作岗位上经受锻炼。要建立健全“党团共建”的工作机制，以推优入党为载体，不断健全团组织向党组织输送后备力量的人才培养制度。学生会组织要进一步发挥“自我教育、自我管理、自我服务”的作用和功能，接受团总支的工作指导。团、学组织在工作上既要明确职责，又要相互协调与支持，切实加强组织建设和学生干部队伍建设。要善于总结工作经验，克服薄弱环节，努力形成我系团、学工作的特点和优势，不断提高工作的质量和水平。

工作动态

外语系团总支、学生会 2003 年下半年

工作（活动）大事记

- 10 月 8 日晚，外语系“迎新生”文艺晚会在校多功能厅隆重举行，校、系领导和延安电大的领导出席了晚会。来自我省各地和延安地区的 148 名新生与老同学欢聚一堂，纷纷登台表演了二十余个精彩节目。延安电大的老师和我系的老师也兴致勃勃地分别表演了优美的歌曲和乐曲。
(文体部)
- 10 月 21 日下午，外语系在阶梯教室举办今年第二次“学习与实践经验报告会”，全体新生参加了大会。我系大二、大三的六名优秀学生分别报告了她们的学习与实践方面的经验和体会。系领导赵霞、毛东辉老师也分别作了英语学习方法的介绍和报告。
(学习部)
- 11 月 18 日下午，外语系第二次团员、学生代表大会胜利召开，65 名代表出席了大会。代表们认真听取了校党委、团委和系领导的重要讲话；审议通过了政治辅导员白鹰同志所作的工作报告；选举产生了第二届团总支委员会和学生委员会。刘丽阳任团总支书记，周秋月任学生会主席，郑晓丹任学生会副主席。
- 11 月 21 日下午，外语系 2003 年“英语基础竞赛”在语音教室举行。来自自我系各班的 103 名选手参加了书面笔试。结果，01 英（2）的鲁仲爱、周君飞，02 英（2）的应丹丹脱颖而出，荣获一等奖；另有 25 名选手分别获得二、三等奖和优胜奖。01 英语（2）班以团体 22 分的成绩荣获优秀组织奖。
(学习部)
- 11 月 24 日，我系团学工作的重要宣传阵地--“学生 e 坛”网页正式上线开通。第一批开设的有“简讯”、“公告驿站”、“校园镜头”等栏目。广大同学可以点击该网页查阅有关学生工作方面的信息和资料，也可按栏目设置的要求投稿。这是我系为丰富活跃网页宣传而增添的一个新的渠道。
(宣传部)
- 11 月 28 日下午，外语系 2003 年校园歌手大赛在多功能厅拉开帷幕。17 名歌手登台亮相、一展歌喉。来自 02 英（1）的陈昶、卢淑唐荣登榜首，荣获一等奖。另有 9 名选手在 8 个曲目的演唱中荣获二、三等奖。02 英语（1）班以团体 13 分的成绩荣获本次大赛的优秀组织奖。

(文体部)

- 12月10日,《外语系团总支工作职责》和《外语系学生会组织机构及工作职责》在广泛征求各方面意见的基础上制定完毕。正式公布并下发各部门和各班级试行。这是我系团学组织在加强制度建设上迈出的新步子,对规范和做好各部门的工作具有重要的指导意义。

(组织部)

- 12月12日下午,外语系2003年“英文朗读比赛”在报告厅举行,20名选手先后登台。经过近一个半小时的激烈角逐,来自02英(1)高霞羚、来俊俊拔得头筹,荣获一等奖。另有10名选手分别获得二、三等奖和优胜奖。02英语(1)班以明显的优势荣获优秀组织奖。

届时,01英语(2)班以45.5的总积分荣获2003年度外语系学习知识与技能系列竞赛的团体总分第一名。

(学习部)

- 我系本学期寝室卫生检查评比工作日前结束。

02英语(1)(2)班的A308寝室(寝室长王爱美)

03英语(1)(3)班的B313寝室(寝室长高燕)

01英语(2)班的C406寝室(寝室长周秋月)

获我系历次评比的最高分,评为我系的模范寝室。同时,近日A308室,B313室还荣获我校检查总评的一等奖,受到学生处、总务处的通报表彰。

(生活部)

- 12月20日晚,我系02英语(1)班的陈昶同学代表我校在由团市委、市学联主办的“宁波市‘闪亮之星’2003大学生校园歌手大奖赛”中,荣获优秀奖。

(文体部)

- 12月24日,我系本学期黑板报评比结束。根据对各班三期黑板报的总评及对在学校黑板报检评中获奖班级给予相应的加分,评比结果为:

03英语(2)班以总分56.88分名列第一,获得二名的班级为02英语(2)班,其总分为54.92分,获得三名的班级为02英语(1)班,其总分为53.51分。

(宣传部)

校园风铃*Getting Up Early Is A Good Habit*

Getting up early is a good habit. It is very important to our health, our studies, our lives and So on. First, getting up early helps us to keep strong. We can do morning exercises in the open air in the morning and breather fresh air to build our bodies. Second, getting up early helps us to memorize what we have learned in class by reading aloud in the morning. Third, getting up early can help us to find enough time to prepare our works of the day. If we keep getting up early every day, it will do us much good.

03 英语(1)班金阿丹

The Experience Of Traveling By Train

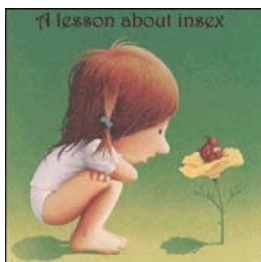
After three months at college, I had decided to go home by train for the week National Holidays. This was the first time that I had gone home alone. To my surprise, the train was so crowded that I did not have a seat. Suddenly my mind was filled with such words which were told by parents Again and again: Be careful when you are in crowded places, otherwise you will lose your money or luggage. So I must be careful when I struck up a conversation with strangers.

May be after two stops during the travel, I noticed that a stranger who was standing beside me was saying, "hello" to me. He must be a worker, I thought . And did not have many

words with him. But he is so enthusiastic that he told many stories about his school life and now he was a second-year student in university. From his words and deeds, I found he was a man of rich experience, and I could learn a lot in the communication with him.

It was an interesting trip. Oh, at the time when I got off ,I hoped we could meet again sometime.

03 英语(1)班.吴琳



Great Expectations

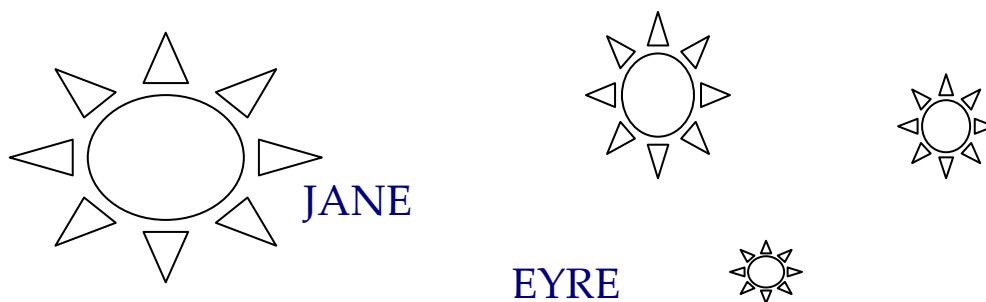
During the summer vacation, I read several English books, one of them is entitled “Great expectations”. It was written by Charles Dickens and adapted by Mitsu Yamamoto. Charles Dickens, who is a famous writer was born in England, in 1812, the second of eight children of a detritted government clerk. It is a very interesting and significant book. There are many things worth considering. Only when you have read it carefully, can you know it very well. Then let me tell you the story briefly. I think you will like it.

The two most important characters called Pip and Estella. Young Pip, an orphan, was brought up by his sister Joe Gargery and her husband Blacksmith. He also was the apprentice of Blacksmith. The family was not very rich, but they lived in their village happily. And Estella was adopted by Miss Hawishem who had a large fortune, but their life was not happy. By accident, Pip got to know Estella who was a very beautiful girl. And he loved her deeply since then. Pip yearned to be a gentleman when he was very young, but

he didn't have enough money to receive education. Suddenly a mysterious person left him a fortune and he left his village to be educated as a rich gentleman. Pip longed to marry Estella, beautiful ward of the eccentric Miss Howishem.. But Pip's new life was shattered by the re-appearance of Maguitch, a convict who once force him to steal. Pip once sowed Maguitch's life, but now all changed, he was the very benefactor of Pip. Finally, after so many difficulties, Pip married Estella who in fact was the daughter of Maguitch. But Maguitch died. Maybe this was the ending for him.

Don't you think the story is very attractive and impressive? And I can learn a lot from it. The book deals with the ail influence of money. At last I can learn something on how to treat money and life, which is really importan

02 英语(1)班 朱丽明



“Jane Eyre” was a moving story. The author was Charlotte Bronte. She was born in Yorkshire, England, on April 21, 1816. She had two younger sisters, two elder sisters, and one brother. But after she wrote this book, she became famous and a respectable member of London’s literary circle.

The heroine named Jane Eyre. She was an intelligent honest, independent young girl. When she was a child, her parents died, so she was adopted by her aunt. She spent eight years at Lowood School. Then she went to be a tutor in Thornfield. The hero was Edward Rochester, who was Jane’s employer and the master of Thornfield. He was a wealthy passionate man. At last, he and Jane got married and led a happy life.

I like Jane very much. I think she had her own ideas, so my English name is also Jane. This is the second time I read this book, but I have different feelings this time. I think this book worth reading.

别让文明走开

时间过得好快，走进大学的校园已近两个月了，这里的生活确实多姿多彩，作为一个大学生我们自豪无比，也带着这种身份的光环而昂首阔步。可回头仔细一看，我们这些自信的大学生早已将文明忽略，让文明从身边走开。

看看发生在我们身边的一幕幕……

走进我们的食堂，一片喧哗叫嚷，无序的队伍，插队者比比皆是。有的同学正口含饭菜笑着，聊着，而掉落的饭早已飞进了别人的饭碗，大家拿筷子，汤匙似在“选美”，用自己的双手一翻再翻选走自认为较前者更干净又好看的，再将其扔下，一个接一个……想想谦让的文明早已在这，我们这些大学生间殆尽，自我主义高居不下，可在我们眼中却形成都是一种理所当然。



我们教室里那漂亮的书桌上“记载”着曾坐者密密麻麻的“光辉”记录；电脑屏幕两侧也是一个又一个大名以示大学生之风采；阅览室里笑笑闹闹无视周边同学的存在，似乎还想让大家听他们的“精

彩学说”，其场面真叫人“叹为观止”，我们快将文明“一网打尽”，文明的影子正向我们远离……

再看看我们的公用洗手间，排水管上总是布满女生们的“乌黑秀发”，将水层层赌住，可是又有几个人能拿起就旁边的小刷，将其拿来出让水畅通，大家都在相互等待着，最后还是会有阿姨来干这一切的，女生们会一直旁观着，再将洗过的水桶倒下，直到水溢出管道，文明在这没有喘气的机会……

大学生，好一个响亮而又让人心动的字眼，可是少了身边这些点点滴滴的文明，大学生的光环还会夺目吗？何来再有“素质高，道德美”之谈？

这个世纪是一个争创文明的世纪，别在这个列队中松下你的步伐。别让文明走开。

03 英语（1）班 章盈盈

相 处

记得任哥的心太软中有这么句歌词：“相爱总是简单，相处太难。”初闻生疑：既然相知相许，彼此生活在共同的一片天空下，何以相处太难？是不是凭空捏造一个无聊的荒诞情思？

然而多年以后，缕缕往事竟消磨了我的固执，我默认那句“相处太难”的歌词，在我不经意的回顾中发现其中还蕴含着耐人寻思的真谛。

就从踏进大学生活的第一天起，我总是壮志踌躇，只待双手创造一个拥有蓝天煦阳的梦，尽情的思绪中总留着对美好的憧憬。

我开始计划与人相处，同学之间，室友之间，老师之间……我自己也不知道自己为什么会突然涌现那么多意识。渐渐地我觉得招架不住了，甚而乱了次序，更糟糕的是我乐观大方不起来，矮小的身材，低哑的嗓子，蹩足的言语，胆小的心理，一开始我就感到力不从心，最后导致窘境。伊始的陌生好奇，变成了彼此之间的揶揄热讽，当初的宽容深化成矛盾，面对这些我措手不及。这些难以理喻的东西，让我稍稍地伤过心，也使我领悟了“相处太难”的真谛。

回眸岁月的点点滴滴，领悟得最深的便是这份真谛。许多绿色、蓝色的梦都已远逝，不经意间却拾得这份感受。相处太难，有如浮水，相近却难相溶；相处太难，但得到的绝不是一个空囊，往往能意外地捡得一份收获，如一份感受。

噢！相处中有苦涩，如苦瓜中的那一种；相处中亦有清爽，也是苦瓜中的一种。

03 英语（1）班刘翩翩

随 感

（一）

热闹、繁荣的市区天一广场，一切是那么匆忙而井然有序。

每个到那儿的人或是工作，或是购物，或者只是一个过客而已。但他们当中或多或少要过马路，过马路就必须过天桥。

走在天桥上，人们习惯性得加快速度。不知是因为时间紧迫还是想逃避那一双双颤抖的手和一阵阵苦苦的哀求声。还是为了抚慰自己良心的不安而不忍心看那令人心寒的一幕幕。

时间一天天地过，天一仍旧是一天一。过马路的人也依旧步履匆匆。

（二）

城隍庙的商业街，来来往往的车辆，人头攒动的人群。

走在街上，冷不惊你会被人拉住。他们用乞求的眼光看着你，发出痛苦的哀求声，再怎么铁石心肠的人，也会心软。行人们会慷慨解囊，甚至把身上仅有的几个零钱献了出来。给他们当“学费”之类。

但当人们去到另一地，突然看到那熟悉的面孔。原本的“学费钱”却成了他们在餐馆大吃大喝的资本。

这世道到底是怎么啦！

03 英语（2）班 赵萍萍

飘雨的季节

雨嘀嗒嘀嗒敲打着每一片花瓣，在这飘雨的季节里玫瑰花哭了，所有的情动也随之关闭，时间霎时停滞在这花开花落的季节，瓣儿一片一片在斜风细雨里打着盹儿，直到飘落在地。曾经，有多少人钟情过它，有多少人陶醉于它。而今，褶皱的心情碎得毫无保留。

人们依旧带着灿烂的笑容穿梭在这个繁忙的城市，彼此咫尺的距离里夹着陌生，只字片语中总有着不可逾越的疏远，他们从不停下脚步来深思，来承认内心脆弱的一角，而是拼命追逐能令他们“满足”的名、利，城市的街角都在演绎这一幕幕，事实总在告诉他们最沉重的代价，可是他们就像中了毒，迫不及待地要给这个城市涂上“反叛”的色彩，也许这一幕幕将成为新一届“奥斯卡大奖”的“最

佳片段”吧！

逃离城市的喧哗，静坐茶坊的一角，我在思考着人们对人生的追求，从而静思那在这大千世界的自己，也许大彻大悟的认识从某种意义上讲是模糊，所以我愿意沉浸在“半睡半醒”间，我渴望没有善意的诺言，因为我知道不是所有的誓言都表达真诚。对着窗外这一些匆匆的步伐，突然感到有同感的人。

撑起雨伞，独自彷徨在这飘雨的季节，为自己的心找一个避风波港湾，不需要冷风瑟瑟中感叹太多，也许雨后会出现彩虹，想念它会为我诠释这一切……

02 英语（1）班石头



这是一个美丽的故事。

一个关于女孩子和裙子的故事。

我的小姨生在农村，长在农村，十八岁的小姨已落得亭亭玉立，美丽动人。十八岁是一个花一样的年龄，雪一样的情怀。十八岁对农村来讲，当时也是一个结婚生子的年龄，理所当然，我的小姨也不例外。姥姥为她选择了一个年轻有为的后生。故事本应按人们所希望地发展，但一条裙子改变了小姨的一生。

在一个阳光明媚的清晨，一声声吆喝打破了寂静的山村。这个卖货郎给这封闭的山村带来了希望与遐想。一条白底碎花的裙子深深地吸引了小姨的目光。她是如此的希望自己的婚礼上能穿上这条裙子。无奈，现实是残酷的，贫穷是最大的悲哀。为了实现她的心愿，小姨孤身一人走出了山村，来到了城市。此时的小姨才发现：原来外面的世界是如此的丰富多彩。

裙子，仍是小姨的梦想，她为此不断地奋斗与努力着……

心随人愿，二十四岁的小姨终于在自己的婚礼上穿上了裙子。它是如此的美丽、点点珠花在日光的照耀下闪烁着耀眼的光芒。同时，也映出她那幸福的笑脸。

而今，小姨是幸福的。

因为裙子，她有了自己的事业。

也因为裙子，她实现了自我、超越了自我。

宿舍窗前一棵树



窗前种老树？阴满窗檐，叶叶心心舒卷
我不知道他叫什么，有几百岁了，但在
历经沧桑的老人，因为无论风雨多大，他都保持着一种心平气和的状态。

有余情。
我眼中，他是一个

晚上坐在窗前，看到校园上方的天空一片混浊，没有星星，没有月亮，只有一盏刺眼的灯倚着树儿，灯光无孔不入，在树叶的缝间穿梭，将一片斑驳保持着宁静和安详，使灯光也不再无理取闹，为之驻足。于是窗前始终保持着一副静默的油画。

树欲静而风不止。

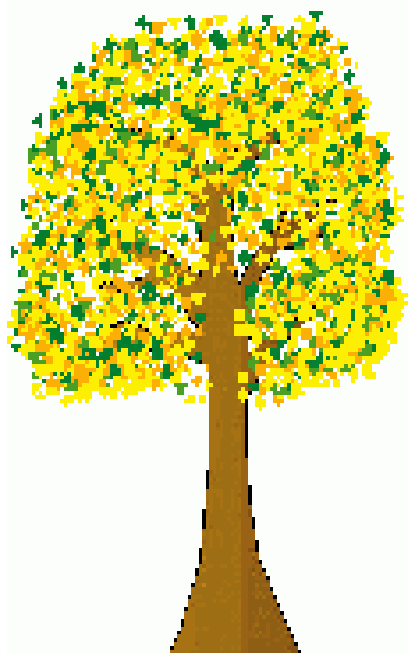
老树有时也会发出沙哑的浓浓的含混的声音。那声音听起来却有精神骨儿。我似乎可以听到一个老态龙钟的人在为自己喝彩，为自己鼓励，也似乎可以看到一个追求自我完善的人在欢欣地接受大自然的洗礼……

心浮气躁的时候，老树告诉我：心静了，事情才能明了化，一切才会迎刃而解；伤心的时候，老树告诉我：等到伤口愈合，你又长大了一圈，伤心的事儿又少了一件；开心的时候，老树告诉我：精彩的画面背后往往留着水粉的泪痕。无论什

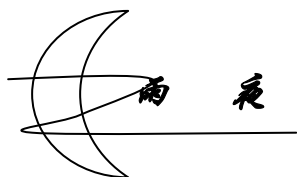
么时候，老树都会告诉我一些他所能告的。

诉我

更雨，



长夜如磐，风雨如晦。伤心枕上三
点滴霖霖。莫道无人能读，相知有树。



这宁谧周遭，
伴奏的唯有雨声。

雨夜
没有月亮，
没有灿烂的星空，
更没有等待流星
许愿的有情人，

走在自己忠爱的小道上，
眺望着——

北仑的无数“萤火虫”
展示中华的崛起
猝然
受了这道
无限的温暖与光明
此时，
是我追美的归宿
别了！雨夜

03 英语（1）班董金玲

悲 夏

曾经同行的那个人，转个弯——
猝然消失了。

我
在记忆的长街。
纵足飞奔
思想着
如何挽留那个夏天的炙热？

以为所有的锁
都有一把钥匙
以为断珠般凌乱的夏日
依旧能够触摸

而我
却在夜的尽头
孤泣。

03 英语（1）班 徐玲娟

『欲 问』

抹去心灵的封尘，
我仍不能让自己平衡。
显示出的耐心，只不是一种枯井中的涓滴。

是潮湿？
是昏暗？
还是永恒？

03 英语（3）班 盛旭仙

梦

总认为自己是一个娇艳的太阳，

每一个梦都是一弯圆满的月亮；

总认为自己是一颗灿烂的流星，

即使陨落也会照亮黑暗的天空；

总认为自己是一条奔向大海的江河，

每一次坎坷都能激起浪花万朵；

总认为自己是一条通向明天的大道，

每一个脚印都注满成功的自豪。

可是有一天，
命运却要把现实赫然推到你前面。

一切彩色的梦都将消逝。

愿你用坚强的意志，
迎接生活严峻的考验！

03 英语（1）班
陈思思



童年时，
我们的步子很小，
但也留下一个个脚印，

童年时，
我们的手很小，
但也捧过沉甸甸的情感。

童年是一首甜蜜的诗，
留下一段诱人的音符，
童年是一张洁白的纸，
画出一片真诚的底色。

童年时牛背上的牧歌，
就像一串清脆的风铃声
在耳边萦回不绝……

童年，

人生中最绚丽的一抹色彩。

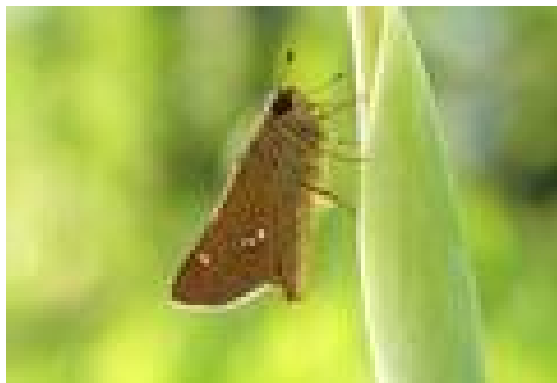
童年

-----03 英语（1）班徐海琴

无 题

在街上，一对情侣互相抚摸着脸颊
 惠贞书院小学部前熙熙攘攘
 一阵雨后的思绪
 冥想飞进胸膛
 去穿那静止的晨霭
 层层叠叠的思念
 如那晚来风急

——今天是你的生日
 我起得很早
 一片忙碌而安宁的清晨里
 做个深呼吸，不苟言笑
 三两只小鸟飞来飞去
 我不禁想起姚江边上的小鸟们
 在我们眼前它们找到了栖息的枝条
 好象我抱着你仿佛抱着一拂胶柔的轻柳



你翘着嘴，口是心非，特可爱

沿河去散步
 在街灯开始浮动时
 香樟叶轻风漫舞到空中
 芊芊草芽在心中萌发
 草坪，草坪是一块洁绿而雪白的地毯
 我们被它戴到馨怡的水晶宫殿
 有时，我仿佛看到快乐委屈的眼泪从

彼此的眼睛流出
 你说：我喜欢被你抱着的感觉
 柳梢的晚夕和月光的花瓣
 常常，我想起那个染风后的傍晚
 凝视颤染的自己

常有一双精灵的眼睛让我觉得
 有些事我们一起开心地做过
 有些话你曾对我说过
 是否有前世呢
 也许几千年来我们一直都在一起

只不过有些时候我们不能看清时光所写的书
 那就猜测吧
 是那传叙了亿万年的经典爱情的主人
 亦或是本来的夏雨和秋露
 带着与身俱来的情爱
 我的执着和认真
 今天会下来吗？有花香
 一阵阵清爽馨香的晨风
 站在平地却五岳之颠
 我说：秋霜，我爱你。

02 英语（1）班 栀子

My Teacher

Mr. Li was my class coordinator when I was a senior middle school student. He was a very amiable person and always smiled to us. To my mind, he was a good man who was very conscientious in his work and looked after his family with his heart.

When I was in middle school, most of us went back home everyday. So, some of the students were always late for their class, especially those who lived far from the school. Other teachers just blamed them for that but Mr. Li did not. He promised that he would wait for them at the school gate

every morning and wanted to meet them before 8 o'clock. After that, no one was late again.

Mr. Li was a Chinese teacher. He was so excellent in teaching that he always made his class very interesting. When we had Chinese class, there was nothing in our mind except Mr. Li and the thing he said. In the class, he sometimes quoted copiously to support his thesis and sometimes talked in a kindly and informal fashion. In a word, Mr. Li was just like a magnetite to catch our attention. Later, we understood that he spent several or decade time for lesson preparation after class in order to make his lessons as attractive and

informative as possible.

Mr. Li was not only a good teacher in school, but also an exemplary husband at home.

As I know, he often shared household duties with his wife even though she didn't ask him to do so. When his wife was sent to hospital because of appendicitis, he looked after her all day long without any complaint.

Mr. Li was the idol in my heart and I would like to be a man like him.

01 英语(2)班 徐哲峰

Christmas Day

Christmas Day is the most important festival in the Christmas world. It is on December 25th. This is the biggest and best—loved holiday in the Western Countries.

Nowadays, Christmas Day is not only a time for worship but also a day of fun and celebration. And it is a time for family and friends to get together. No matter how far one is away from his home, he will try his best to go back home for the holiday. They have a lot of things to do these days.

People always begin to prepare Christmas long before the holiday comes. First, they get a Christmas tree ready and cover it with strings of colorful lights. People buy some

ornaments, cards and small gifts too. And some ornaments and gifts are hanged in the tree.

On Christmas Eve, there will be a big dinner. People have turkey or ham, sweet potatoes, vegetables and cranberry sauce traditionally.

They also have sweets, chocolate bonbons, walnuts and pecans and something else. Besides, people send Christmas cards to their friends, relatives, colleagues and classmates with their best wishes for the holiday and the coming New Year. "A Merry Christmas and Happy New Year." is always written on the cards.

Children are really happy to have Christmas Day, not only because they will have a wonderful holiday and have a lot of things to eat, but also they can

receive gifts from the Sante Claus, which is thought to exist by the children. Of course, Sante Claus is just an imaginary figure. Actually it is the parents who fill the stockings with gifts they have bought for the children.

The Christmas songs, also called carols, are loved by all the people who hear and sing them every year. They express the wishes to everybody singing the songs house by house. And they believe that their coming New Year will be full of happiness and good luck.

In a word, Christmas Day is the most popular and important festival for the Christmas people. People all have a very happy holiday.

01 英语（2）班周秋月

My New Boots

Days ago, my old shoes were wet by the heavy rain, so I decided to buy a new pair.

Still in that raining afternoon, I went to shoe shops with my friend to search for some. At last, we found a pair of boots which both of us liked.

Of course, they are brand new and I like wearing them. They are made of leather and fur inside. They are black so when there is some dust on their surface I would brush them right away. My feet feel so warm when I wear the new boots. Certainly, they can make me look more prettier so,

I usually wear them to suit my lovely miniskirt. My friends all give me thumbs up when I wear them.

My boots are in line sharp. There is one black leather lace across each boot. The leather and fur are very soft. They touch so comfortable. I bought them at low price, but the boots are so soft, warm and beautiful, the quality is also very good. When my friends compliment me about it, I feel very proud.

The boots also give me confidence, so I think the most important is to have a style of your own but not always be the same as others.

01 英语（1）班王莉

A Self Introduction

My name is basketball.

When you first see me ,your eyes may focus on my big, fat and round body .You will find I am always in brown coat which can keep me from being hit and cold. I was born with no arms and legs ,so I must turn to my body. I use my body to run and play. It is uneasy for me to keep still, so you always see me running here and there, jumping up and down . The more heavily people hit me ,the higher I will jump.

time . So please hang me on the wall after playing.

Nowadays, I am popular with more and more people in the world, especially the young. They play a game which is named after my name—basketball match. They play with me to keep fit, but most of them are for entertainment. Look, there is a little boy running after me ,not far away are his parents. How happy they are!

01 英语（1）班曹建青

As we know ,everything has its lifespan. In order to prelong my life, I beg people to take good care of me . I cannot stand by the strong sun and heavy rain all the

One I Will Never Forget

"Do it by yourself"! I have been told with this for a million times. I will never forget it. Of course, I will never forget my father who told me that.

Like most of the others, my father is uncomplicated and he grew up in a poor family. My grandma has three children. My father is the second one. Unfortunately my elder uncle died of a traffic accident, so all of the burden were loaded on my father's young shoulders. He should give up the study and learn all the skills by himself. Because of such kind of experience, even now he lives a simple life and always teaches us that we should do everything by ourselves.

Once a time, I asked my father to teach me how to ride a bicycle. At first, he agreed to help me and gave me a lot of encouragement. But when I really began, he asked me to learn by myself. No matter how hard I tried to persuade him, he didn't show any sight help me again. At that time, I was a pompous child I wanted to let him know without his help I could still do it well, so I learned by myself.

Because I fell down bicycle so many times that I made myself blue and black, but my father stood aside with no expression at all. I was so angry, "I hate you , I hate you," I said in my mind.

But I did not give in and went on again and again . One day, suddenly I found I didn't fall off and could ride the bicycle quite skillfully. I was so excited and rushed to tell my father happily. Then my father smiled and said, "Good, do it yourself, I know you can!" I burst into tears. "Thank you, dad." I said.

01 英语（1）班陈雅萍

First Step

for us, new graduates.

I was puzzled about what to say and what to do when I first entered the Talent Market. After all, I had never taken part in such a fierce competition before. I was so implicit that it was difficult for me to express myself well in the presence of a crowd. And it was said that to find a job wasn't easy

In the sight of the confident looks of the others, my heart began to jump strongly. I asked myself "What is my advantage? How shall I be confident? What shall I do if I am refused?" A lot of questions came out in my mind. A big question mark took up my brain.

"Everything is possible, nothing

is impossible.” I made up my mind to try my best. I believed that I could do it no matter what the result would be.

When I gave my first Resume to the interviewer, I felt that my face turned red and my hands trembled. In order to be clam apparently, I put my hands under the table. The interviewer asked me to introduce myself in English for which I had prepared a moment ago. So I finished my self—introduction with some simple words. Though it wasn't good enough to be satisfied by the interviewer, it was a progress for myself. Then she showed me an L/C and let me to translate it. At that moment, I had a strong feeling of my poor knowledge of L/C.

Though it wasn't a good start at

all, it was an unforgettable new step for me.

01 英语（2）班杨蓉蓉

Our

Dormitory

Our dormitory is a building which looks very old in appearance. A kind of plants I cannot call its name is crawling the whole building .I don't like the plant because it makes the building look dirty and humid especially in rainy season. But if you enter, you will find it totally different from what it looks. It's clean

and bright with snow—white wall. All of the steps and floors are embedded with bright porcelaneous bricks.

Our room is on the fourth floor. This is small but warm about 3 meters wide and 5 metres long .There are 3 bunk—beds, so six girls live in the room .Quilts and pillows are all the same , which makes our room in order. Six desks and chairs are put in a line. Books, cups and some other small toys that girls like are all over the desks. Sometimes our room is in a mess but no one will pay attention to that until the manager of the dormitory tells us that tomorrow she will take a record for all rooms.

In this room we study together, live together and laugh together. Six girls from different places build up a stable friendship. I think when one day I have to leave this room, I will miss it very much.

01 英语（1）班柳文静

异国风情

浅谈



的种类

鸡尾酒分为短饮和长饮。

短饮，意即短时间喝的鸡尾酒，时间一长风味就减弱了。此种酒采用摇动或搅拌以及冰镇的方法制成，使用鸡尾酒杯。一般认为鸡尾酒在调好后 10-20 分钟饮用为好。大部分酒精度数是 30 度左右。

长饮，是调制适于消磨时间悠闲饮用的鸡尾酒。对上苏打水、果汁等，长饮鸡尾酒几筒全都是用平底玻璃酒杯或果汁水酒杯这种大容量的杯子。它是加冰的冷饮，也有加开水或热奶趁热喝的热饮，尽管如此，一般认为 30 分钟左右饮用为好。与短饮相比大多酒精浓度低，所以容易喝。依制法不同而分若干种。

长饮的类型

果汁水酒 Collins

烈性酒中加柠檬汁和砂糖或糖浆，再加满苏打水的类型。著名的有约翰克林酒、汤加连酒等。

清凉饮料 Cooler

是烈性酒中加柠檬、酸橙的果汁和甜味料，再加满苏打水或姜麦酒的类型。Cooler，即清凉饮料之意，不一定非用吸管不可，也有以葡萄酒为基酒的无酒精的类型。

香甜酒 Flip 在葡萄酒、烈性酒中加鸡蛋、砂糖的类型。喜欢的话最后撒上点肉豆蔻，有冷热两种。

餐后饮料 Pousse-Cafe

把任何种类的烈性酒，甜露酒、鲜奶按密度的大小依次倒进杯子，使之不混合在一起的类型。重要的是事先了解各种酒的密度。同种酒厂家其密度也有差，须加注意。

宾治 Punch

以葡萄酒、烈性酒为基酒，加入各种甜露酒、果汁、水果等制成的。作为宴会饮料，多用混合香甜饮料的大酒杯调制，够几个人喝的。几乎都是冷饮，但也有热

的。Punch 据说是梵语“五个”（Pancha）之意，源于印度人的语言 Punch。它是在印度喝的用亚力酒、水、柠檬汁、香料等 5 种材料混合而成的饮料。

酸味鸡尾酒 Sour

酸味鸡尾酒是在烈性酒中加柠檬汁、砂糖等甜东西和酸东西的类型。此酒在美国原则上不用苏打水。其他国家有用苏打水和香槟酒的。Sour 就是酸味的意思。在日本用酸东西或甜东西对人烧酒的酸味鸡尾酒很欢迎。

以 TPO 来划分鸡尾酒

正餐前鸡尾酒 Per-Dinner Cocktail

即正餐前喝的鸡尾酒。目的是滋润喉咙，增进食欲。甜味并不强烈，口感很清爽。

正餐后鸡尾酒 After Dinner Cocktail

正餐之后喝的鸡尾酒。目的是在进餐之后清新口气或促进的消化。它是有效利用甜露酒风味的甘甜浓重的鸡尾酒。

全天可饮的鸡尾酒 All Day Cocktail

任何时候喝都没关系，当然，上述几种鸡尾酒也没有必要过分拘泥。多数鸡尾酒属过一类。

睡前鸡尾酒 Night Cap Cocktail

睡前鸡尾酒即所谓安眠酒。睡前，为能熟睡而喝。一般认为睡前酒最好是以白兰地为基酒的，味道浓重的鸡尾酒和使用鸡蛋的鸡尾酒。



诗情无限***Saying Good-bye to Cambridge******Again*** --- by Xu Zhimo

Very quietly I take my leave
 As quietly as I came here;
 Quietly I wave good-bye
 To the rosy clouds in the western sky.

The golden willows by the riverside
 Are young brides in the setting sun;
 Their reflections on the shimmering
 waves
 Always linger in the depth of my heart.

The floatingheart growing in the
 sludge
 Sways leisurely under the water;
 In the gentle waves of Cambridge
 I would be a water plant!

That pool under the shade of elm
 trees
 Holds not water but the rainbow from
 the sky;
 Shattered to pieces among the
 duckweeds
 Is the sediment of a rainbow-like
 dream?
 To seek a dream? Just to pole a boat
 upstream
 To where the green grass is more
 verdant;
 Or to have the boat fully loaded with
 starlight
 And sing aloud in the splendour of
 starlight.
 But I cannot sing aloud
 Quietness is my farewell music;
 Even summer insects keep silence for
 me
 Silent is Cambridge tonight!

Very quietly I take my leave	Strokes them and soaks them
As quietly as I came here;	and smolders them with kisses.
Gently I flick my sleeves	with seven green tongues of seven
Not even a wisp of cloud will I bring	green dogs,
away	Or seven green tigers, or Seven green
	seas
	Beating its chest, stammering its
<i>Ode To The Sea</i> — — — Pablo Neruda	name.
Here surrounding the island there is	Oh, sea, this is your name.
sea	oh, comrade ocean, don't waste time
But what sea	or water getting so upset.
It's always overflowing	Help us instead.
says " Yes," then "No," then "No" again.	We're meager fishermen,
And "No," says "Yes" in blue,	men from the shore.
in sea spray raging,	We're hungry and cold
says "No" and "No" again.	and you're our foe.
It can't be still.	Don't beat so hard, don't shout so loud.
It stammers "my name is sea."	Open your green coffers.
It slaps the rocks,	Place gifts of silver in our hands.
and when they aren't convinced	Give us this day our daily fish.